

Fungi 2019 – Idell Weydemeyer’s garden, El Sobrante

These grow in the rainy season in Idell’s garden or within 100 yards.

Identified by Clark Meremeyer

Small Fungi:

Alcohol Inky – *Coprinus atramentarius* – **Moderate taste, poisonous** when consumed with alcohol
Shaggy Mane – *Coprinus comatus* – Super delicate, **delicious** even growing on cow manure
Sulfur Tuft - *Naematoloma fasciculare* – **Poisonous** but beautiful and common, they glow in the dark faintly
Witches Hat – *Hygrophorus conicus* – Used **medicinally** by some cultures
Bell-cap Panaeolus – *Panaeolus campanulatus* – Most common mushroom in local fields
Common Large Psilocybe – *Psilocybe cubensis* – Used **medicinally**
Dung-Loving Psilocybe – *Psilocybe coprophilia* – Generally ignored
Common Laccaria – *Laccaria trullisata* – A group of species, questionable edibility

Large Fleshy Fungi:

Death Cap – *Amanita Phalloides* – Responsible for almost all mushroom related **deaths**
Destroying Angel – *Amanita virosa* – **Similar to death cap** in every way
Panther Cap – *Amanita pantherina* – A beautiful grey capped sibling of the Fly Agaric (**poisonous**)
California Agaricus – *Agaricus californicus* – Mildly **poisonous**, looks almost identical to Meadow Mushroom
Meadow Mushroom – *Agaricus campestri* – **Delicious** wild version of the button mushroom, found in fields
Reddening Lepiota – *Lepiota Americana* – A good **edible**
Red Tinged Lepiota – *Lepiota rubrotincta* – Beautiful species
Honey Mushroom – *Armillariella mellea* – A powerful and **delicious** species, some of the **largest living organisms on earth** are webs of Honey Mushroom mycelium
Pine Spike – *Choogomphus vinicolor* – Good **edible**, usually found around Pungent Suillus
Emetic Russula – *Russula Emetic* – Causes **digestive distress**
Chantrelle – *Canthrellus cibarius* – Beautiful and **tasty**, common in local oak/bay/buckeye forests
Pungent Suillus – *Suillus pungens* – **Delicious** if you like **slimy, squishy, and stinky** (some people do)
Zeller’s Bollete – *Bolletus zelleri* – Not as good as the Porcini (King Bollete) , but **similar**

Wood Rotters (fruitbody growing from wood):

Turkey Tail – *Trametes versicolor* – A powerful **anti-cancer herb**, common in Chinese medicine
Oyster – *Pluerotus ostreatus* – The most common choice **edible** around, a real weed
Red Belted Polypore – *Fomitopsis pinicola* – Common wood rotter
Crowded Parchment – *Stereum complicatum* – Often confused with lichen
Witches Butter – *Tremella mesenterica* – **Looks and feels like snot, good in soups**
Buff Crust – *Corticium Bombycinum* – Common wood rotter
Wolf’s Milk Slime – *Lycogala epidendrum* – **Bright fuchsia** little balls of **slime**
Carbon Balls – *Daldinia concentrica* – Very dry wood rotter, often on fallen oak branches

Weird Stuff:

Various Earthstars – *Geastrum species* – Small **white balls which erupt** and become **black stars** with a round center emitting spores, edible in the white ball stage
Various Bird’s-Nest Fungi – *Nidulariales species* – Weird **little cups with eggs** in them
Gem Studded Puffball – *Lycoperdon perlatum* – A tasty snack after tree climbing
Western Giant Puffball – *Calvatia booniana* – A big ball full of spores, **delicious** and **enormous**
Pigskin Poison Puffball – *Scleroderma citrinum* – **Purple inside and yellow out**
Fluted Black Helvella – *Helvella lacunose* – Common, looks sort of like a morel, questionable edibility
White Coral – *Ramariopsis kunzei* – Looks like under water coral, **edible** but with **poisonous look alike**s
Light Red Coral – *Ramaria araiospora* – **Edible** but with **poisonous look alike**s
Apricot Jelly – *Phogiotis helvelloides* – **Tasty** and fun to eat
Jelly Tooth – *Pseudohydnum gelatinosum* – **Translucent** and really cool looking